



CMA MARYLAND, USA.

CATHOLIC MEN ASSOCIATION OF MARYLAND

CMA MARYLAND CHAPTER

CMA is a lay non-profit making and non-political membership of baptized and devout male Christians of Roman Catholic church. MD CMA collaborates with the Archdiocese of Baltimore and participates in planned activities as well as making affiliation contributions. CMA-MD has three branches that handle the different aspects of the group's activities as follows;

1. Liturgical/Spiritual
2. Finance/Development
3. Social - administered

Liturgical/ Spiritual activities -

- Opening reflections during CMA meetings
- Animations during The Holy Mass in the monthly Swahili Church
- Spiritual talks from various resources
- Retreats/pilgrimages for spiritual renewal
- Novenas for Good Intentions
- Registration of members and commissioning etc

Finance/Development activities -

- Prepare the budget for CMA activities
- Organize development projects for CMA and parish
- Prepare CMA Financial reports

Social Activities -

- Organize charity visits; visits to needy or the sick
- Organize celebrations for CMA patron days, parish family days, archdiocesan Family days, CMA weddings days, Births and deaths
- CMA-MD has adopted the general CMA objectives and core values and motto.

Benefits of CMA-MD

CMA-MD offers men the opportunity to participate in church activities hence grow spiritually, economically through the social development project,

CMA-MD meets ONCE a month for fellowship and evangelization. We welcome new members to join this vibrant group. The joining process is such that one goes through formation classes after which they are commissioned and thereafter they become a full member.

CMA-MD Proposed Activities

1. Draw annual calendar for CMA-MD
2. Meet once a month for social activities.
3. Plan an annual hike or camp.
4. Organize a weekend retreat.
5. Organize meals out, together with spouses.

CMA GUIDING PRINCIPLES

Objectives

- To promote a cohesive Catholic family in which each member plays his rightful role in the common good emulating the Holy Family of Nazareth (Ephesians 5:22-32; 6:1-4)
- To live and propagate Catholic faith in fulfilling the baptismal promises as kings, prophets, and priests
- To evangelize through role modeling in solidarity with fellow Catholic men
- To inspire and contribute positively to social justice

Core values

- Humility

- Understanding
- Deep faith
- Fortitude
- Temperament
- Prayer

Motto

- English: *Good Family - Good Church - Good Society*
- Kiswahili: *Familia Takatifu - Kanisa Njema - Jamii Bora*

Membership

All catholic male above 18 years and not simultaneously members of the youth group

FEASTS OF ST. JOSEPH

CMA-MD will celebrate the feasts of the patron in accordance with church programs. The administrator of liturgy will facilitate programs to help actualize the feasts. It is in order that we may invite all prospective members to join the celebration.

St. Joseph has two feast days on the liturgical calendar.

- The first, on March 19, celebrates Joseph as the husband of Mary
- **The second, on May 1, celebrates St. Joseph the Worker.**

CMA-MD ways to celebrate Saint Joseph:

- **St. Joseph the Worker, the Patron St. of CMA, is celebrated on May 1.**
- **Month of St. Joseph:** celebrate March as the Month of St. Joseph.
- **Novena:** Participate in the United States Conference of Catholic Bishops (USCCB) novena that's prayed from March 10–18. Each day of the novena includes a reflection video from bishops in the United States.
- **Wear red, the color of St. Joseph:** It's traditional to wear red on Saint Joseph's Day to honor him.

CMA ANTHEM - MLINZI WAKE MARIA

1 Mlinzi wake maria, mema mengi yako, Leo
tumefahamu, mlinde mtoto wako.

Kiitikio: Mlinde mlinde mtoto wako x2

2 Akija Rabi kwetu, ashukia kwako, Hana
kaya kwa watu, ila nyumba yako.

3 Mle bandani kwa nyama, ulikuwa huko,
uliyemlinda mama, mlinde mtoto wako.

4 Ukamlisha mwokozi, ndio kazi yako,
Baba yake mkombozi, mlinde mtoto wako.

5 Watokapo askari, mtoto yesu hako,
Ulimchukuwa misri, mlinde mtoto wako.

6 Ee yosefu myenyekevu, kwa msaada wako,
Tupewe wokovu, mlinde mtoto wako